



Harare Basic Needs Basket Report

August 2016

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Item	Brand	Units	Quantity	Average US\$
A. Essential Food Items:				
Mealie Meal (breakfast)	Red Seal (Roller meal)	20kg	2	22,48
Cooking oil	D'lite	2Ltrs	2	6,53
Beef	Mixed	1kg	5	21,77
Chicken	Suncrest cuts	2kg	1	6,22
Rice	Mariana/ Redseal	2kg	2	3,76
Beans	Sugar beans	500g	4	4,64
Fish	Fresh	1kg	2	13,88
Kapenta	Dried	1kg	1	9,91
Salt	Pro-brands	2kg	1	0,90
Bread	Bakers Inn	1loaf	30	27,00
Eggs	Standard	1 crates	2	8,86
Sugar	Gold star (white)	2kg	4	3,84
Tea (leaves)	Stella	250g	4	7,81
Milk	Steri	500ml	12	8,44
Drink	Mazowe Orange Crush	2Ltrs	2	5,53
Margarine	Buttercup	2kg	1	11,26
Onions		1kg	10	15,32
Tomatoes		1kg	10	6,42
Vegetables (greens)	Rape	1kg	22,5	15,23
Sub-total				199,80
B. Essential Non-food items				
Washing soap	Green bar	1kg	5	6,00
Bathing soap	Geisha tablets	250g	5	4,13
Washing Powder	Omo/Sunlight	1kg	2	6,91
Toothpaste	Colgate	100ml	2	1,52
Toilet paper	Softex	4 rolls/pack	6	5,93
Sanitary Pads	Farai/Always	1 pack	3	3,00
Jelly	Vaseline	250g	2	3,89
Candles		pack of 6	1	1,66
Sub-total				33,03
C. Rates and other services				
Water & Sanitation (medium cost - fixed)	Water	fixed		9,00

The following are the shops and markets where PRFT collected data on prices of Basic commodities for the month of August 2016 BNB: TM Newlands, Hatcliffe Spar, OK Waterfalls, OK Mbare, Choppies Mabvuku, Hellensville Spar, Epworth, TM City Centre, OK Marimba and Belvedere . The survey was conducted on the 26th of August 2016

	Average usage/month	m3	40	54,00
	Sanitation (Sewage)	fixed		2,30
Monthly rent (4 roomed house)	Basic accommodation	per room	4	240,00
Electricity	Average usage/month	KW	600	30,00
Sub-total				335,30
Total BNB for Harare				568,13

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